



# 30 DAYS TO HEALTHY LIVING — CLIENT TRACKER

Client Name	Start Date	Days	Prep Week				Week 1			Week 2		Week 3		Week 4		Post Week		
			At least 5 business days before	7 days before	3 days before	1 day before	1	3	5	8	13	15	16	22	29	30	31	32
			Order 30 Days to Healthy Living Set	Add Client to the team FB group and send welcome email or text	<b>Text or call:</b> Ensure Client has everything they need	<b>Call:</b> Talk with your Client about their goals for the 30 days so that you know how to support	<b>Call:</b> Review Client's first day of Healthy Living; explain typical day of eating	<b>Text:</b> Check in to ask how Client is feeling	<b>Call:</b> Check in to ask if the Client is equipped for the weekend	<b>Call:</b> Kick off Week 2 and check in with your Client	<b>Call:</b> Discuss the CleanTox Gentle Cleanse (if applicable)	<b>Text or call:</b> Ask Client if they'd like to get together for a walk or cup of CleanTox Herbal Tea	<b>Text:</b> Check in and ask how Client is feeling	<b>Call:</b> Ask if Client is running low on product and discuss Client's results so far	<b>Text or call:</b> Offer skincare samples	<b>Call:</b> Offer congratulations	<b>Call:</b> Ask Client for referrals and book a Discover Arbonne	Add Client to any team or personal social media groups to stay connected