**Clean Eating Snack Ideas**

1. Celery Sticks with PB2 (just add water per directions to PB2 to make consistency the way you want and spread in celery cave.)
2. Cage Free Hard Boiled Egg, ½ an Avocado, & ¼ a Cup of Cherry Tomatoes (slice up and then eat together)
3. 23 Almonds ( 163 calories)
4. Romaine Lettuce Wrap with 1 Tablespoon Hummus spread inside, slice up red, green, and yellow peppers (you can also add in about ¼ cup of baked chicken which is an additional 80 calories and 9 grams of protein.)
5. Hummus Dip with Sliced Red/Orange/Green/Yellow Peppers or Celery, Radishes, Red Cherry Tomatoes, Broccoli, Cauliflower
6. Arbonne Protein Ball (3 if the smaller ones the size of a large marbles or 1 if it’s the size of a large meatball)
7. Bumblebee White Albacore Tuna in Water- Drain, add in ½ of an avocado and smash up, ¼ of a small onion diced, 2 celery stalks diced up, and stir.

(You can use this for 2 snacks if you use a whole can of tuna.)

1. Sliced Cucumbers & hummus dip
2. Green Apple Sliced with PB2 (add water till you get the desired consistency.